

Perspectives Families FAQ and Updated Resource List March 27, 2020

Dear Perspectives Families,

We hope that you and your family are safe and healthy. As we navigate our current landscape together, we are committed to living A Disciplined Life[®] and communicating effectively. We will share all updates as they become available. Please consult the list of resources below that may be of use during this difficult time.

Education Updates

April SAT Exam For Juniors

- Chicago Public Schools has communicated that the April administration of the SAT exam will be postponed until fall 2020.
- We recognize all of the hard work our juniors have put forth this academic year and Perspectives remains committed to supporting the class of 2021 to do its best on the fall 2020 SAT test.
- We are currently developing a junior SAT support plan with more information to follow.

Google Classroom/Paper Packets Extended Through April 3

• Your student may continue to work on Google classroom assignments/paper packets through April 3 to receive credit. That credit will only improve your student's grade, and your student will not receive a grade reduction if the work is not complete.

iXL and Imagine Math

- If your student completed Google classroom assignments/paper packets, he or she may complete iXL or Imagine Math lessons online for additional practice.
- If your student does not have his or her log-in information for these programs, please reach out to your student's teachers or school principal.

Health and Safety Resources



Please note that these health resources are for informational purposes only. They are not a substitute for care given by a licensed medical professional. If you are sick, or suspect you may have COVID-19, we strongly urge you to seek medical attention right away.

Perspectives Campus Closure

- Per the order of Mayor Lightfoot, all Chicago Public Schools are closed through April 20.
- Chicago schools, including Perspectives campuses, will only be open for meal distribution.
- All Perspectives playgrounds, basketball courts, and recreational areas are closed until further notice.

Stay-At-Home Order Guidance: Acceptable Reasons To Leave Home

- Per Governor Pritzker and Mayor Lightfoot's <u>orders</u>, the list below contains acceptable reasons to leave one's home during the stay-at-home order. While these are acceptable reasons to venture outside, in general, the guidance is to stay home as much as possible.
 - Go for a short walk or run, but maintain physical distance from others while doing so, preferably in your own neighborhood
 - Walk your dog, but do not congregate at the dog park or beach
 - Shop at grocery stores that remain open, unless you are sick, and practice social distancing
 - Continue visiting the restaurants that remain open for pick up and delivery
 - Retrieve essential goods or services
 - Seek medical care
 - Travel to and from work (essential employees only)

Contact Sports Banned; the Lakefront, Riverwalk, and 606 Are Closed

- Mayor Lightfoot has <u>ordered</u> that the Lakefront Trail, the Riverwalk, and the 606 are closed. She has also instituted a ban on all contact sports in the city, including football and basketball.
- Police Superintendent Beck stated that any person playing contact sports, including basketball, soccer, or gathering in large crowds, would be subject to <u>citation or arrest</u>. One individual was cited and subsequently arrested yesterday.
- Do not use any playgrounds at all or allow your children to use playgrounds.
- Please see this list for all current <u>Chicago Park District closures</u>.

Do Your Part To Stop The Spread: Protect Yourself And Others



- Frequently wash your hands with soap and water
- Cover your nose and mouth when sneezing and/or coughing
- Don't touch your face with unwashed hands
- Don't shake hands
- Pay closer attention to cold or flu symptoms

Bright Star Community Outreach (BSCO) Trauma Helpline

- If the COVID-19 pandemic is causing you anxiety or stress, you are not alone: this is a challenging time for all of Chicago. We're in it together and help is available.
- Please consider calling BSCO's trauma helpline at 833-TURN123 if you need assistance. You can call the BSCO trauma helpline for many reasons, with some examples below.
 - You might be concerned about the constant media coverage
 - You might feel anxiety and stress about COVID-19
 - You might be coping with your own illness or the illness of a loved one.
- The hotline is open Monday-Friday, from 9:00am-6:00pm and more information is available <u>here</u>.

Economic Resources

Federal Government Stimulus Calculator

- Use the <u>calculator here</u> to project how much money you may receive if Congress passes the stimulus bill (CARES Act) being debated now
- 80% of American adults are projected to receive a payment

Job Opportunities

- <u>Jewel-Osco</u> is hiring
- <u>Costo</u> is hiring warehouse positions

Unemployment Resources

- If you are without access to paid sick leave or unable to work due to the COVID-19, you may apply for unemployment insurance
 - Call IDES at 1-800-244-5631
 - Visit <u>https://www2.illinois.gov/ides</u>

Know Your Employment Rights: Sick Leave and COVID-19



• The City of Chicago has published <u>a guide that outlines employee rights</u> with respect to sick leave and COVID-19.

Emergency Fund For Service Workers

• The One Fair Wage Campaign has started a fund to provide emergency relief to workers in the service industry who rely on tips as a significant part of their income (restaurant workers, etc). They are making temporary cash gifts. To apply, click <u>here</u>.

Low-Cost Internet

• Comcast is offering low-cost internet to families who qualify. Please click <u>here</u> for more details.

Moratorium On Utility Shut-Offs

- Governor Pritzker has called for a moratorium on utility shut-offs, including energy, telecom, and water, and many companies have offered to waive late fees and continue service
- ComEd has placed a <u>moratorium</u> on service cut-offs for non-payment through at least May 1.
- Peoples' Gas is <u>suspending disconnections</u> and will waive all late fees until the health crisis subsides.

Mortgage Assistance

- For general guidance on how to proceed with your lender if you cannot afford mortgage payments, see <u>this article</u> for advice.
- If Fannie Mae owns your mortgage, you may qualify for <u>additional benefits</u>, including reduction or suspension of mortgage payments.

City-Level and County-Level Immediate Financial Relief

- Mayor Lori Lightfoot and Cook County officials announced several measures to help Chicagoans through this difficult time. Financial relief announced so far is detailed in the list below.
 - Suspension of debt collection practices
 - Suspension of ticketing practices
 - Suspension of towing practices
 - Suspension of court-ordered evictions

Healthy Meals For Students



- Both Perspectives and CPS will continue to offer up to three days of healthy meals for your children.
- Please visit a Perspectives campus between 9:00am-1:00pm, Monday-Friday, to pick up a meal. You also can visit your nearest CPS school for meal pick up.
- If you are homebound or cannot make the 9:00am-1:00pm hours, delivery service is available. Please email familysupports@pcsedu.org for more information.

Find Food Feature: Greater Chicago Food Depository

- If you need additional food beyond what is available at Perspectives or your nearest CPS school, check the Greater Chicago Food Depository's <u>website</u>.
- Once you get there, type your address and click on "Find Food" and all of the food pantries in your area will appear on the left.
- GCFD recommends you contact the food pantry before you arrive.